

What is Protein in the Urine (Proteinuria)?

- ➔ Normally, protein isn't found in the urine. If you have protein in your urine, it's called proteinuria.
- ➔ Protein in the urine could be temporary or continuously present.
- ➔ Protein found in your urine can be a sign of chronic kidney disease (CKD) or other medical conditions such as diabetes or high blood pressure.
- ➔ Most people will have no signs or symptoms of protein in their urine.



What tests are used to check for protein in your urine?



With a urine
albumin-to-creatinine
ratio (UACR) test



Possible further
testing may
be needed

Can protein in my urine from CKD be treated?



Yes, this could include:

- Lifestyle changes
- Managing blood glucose (blood sugar)
- Managing blood pressure
- Medications